



# DIRECTIVES

from Heaven

"Include My Mother's messages to the world with My words of direction also: biweekly, in directives to Our clergy and laity."

## CARRY YOUR CROSS

"Then Jesus said to his disciples: If any man will come after me, let him deny himself, and take up his cross, and follow me. For he that will save his life, shall lose it: and he that shall lose his life for my sake, shall find it."

— St. Matthew 16:24-25

*We are presenting excerpts from the treasury of heavenly messages given by Our Lord and Our Lady to their voice-box seer Veronica Lueken, from the years 1968-1994.*

### "CARRY YOUR CROSSES WITH JOY FOR THE EXPECTANCY OF HEAVEN"

"I do not ask but your love. Your obligation to the world, Veronica, will be heavier because you have been allowed to see many things beyond your world.

"Continue to give to the world—to bring Our message to the world. It is not an easy task. But carry your crosses with joy for the expectancy of Heaven to come."

*Jesus, September 28, 1970*

### SHALL ENTER UPON A CRUCIFIXION

"As it was in the time of My Son upon earth, so it shall be in your time. All children of God shall enter upon a crucifixion. But carry your cross, My child, My children; carry your crosses with great fortitude and perseverance, for the victory is with My Son.

"You will find a great struggle in gathering the sheep, pastors of light. You will not compromise your mission, Our pastors. If you compromise by pleasing those who have set themselves to rule you, and if you compromise without the love of God and accepting the will of God, and replacing it for the will of man, in obedience that has been darkened by sin and false obedience, blind obedience—no! You shall not cast aside your God to please any man! Come forward; step out of the darkness, Our pastors! You are misleading Our sheep."

*Our Lady, September 13, 1975*

### "IT WILL NOT BE AN EASY MISSION"

"Carry your cross, My children. Be not affected by the mockery and insults you will receive when you defend My Son. We will always be with you, so face the world with His cross in your hand. It will not be an easy mission, but the final outcome will far exceed all the greatest joys of expectations.

"Yes, they will hate you, as they hated My Son when He brought the word. They will laugh at you as they laughed at Him. Prepare for this heavy cross."

*Our Lady, December 26, 1970*

### "MANY WILL BE SACRIFICED IN THE ENGULFMENT"

"Pray for My priests. They are led into the darkness. Many hearts are hardened to the truth. There is salvation in prayer. Many will

be sacrificed in the engulfment. Carry your cross, My children. All hearts must rise to Heaven in prayer."

*Our Lady, July 15, 1970*

### MANY MARTYRS IN DAYS AHEAD

"No man can fully understand, My child, why the Father allows the world to go forward in great spiritual darkness. It is to separate the sheep from the goats. For those who have given themselves to satan and the world shall fling themselves headlong into the abyss and hell! And those who have set themselves on the narrow road that leads straight to the eternal Kingdom of the Father in Heaven shall find their road filled with crosses—thorns. They shall be cast aside and called different. They shall be abused in all manner of worldly punishments. However, know that this is the road to the Kingdom of Heaven. It is not an easy road, but one that is strengthened by suffering.

"Many martyrs, My child, shall come in the days ahead—defenders of the Faith. Carry your crosses, My children, for those who will be saved shall be counted in the few."

*Our Lady, November 20, 1975*

### PICK YOURSELVES UP AND CARRY YOUR CROSSES

"The road to sanctification is not an easy road. We expect all to fall and tumble. But you will pick yourselves up and continue to carry your crosses."

*Our Lady, July 15, 1973*

### WITH PURPOSE AND FORTITUDE

"Do not be misguided by those who, in the spirit of darkness, take the knowledge of the supernatural from you. Yes, in order, My children, to stay in the light, you will be rejected by many. You will be scorned; you will be called insane, because, I repeat: there is nothing in common between the light and the darkness. As they rejected Me upon your earth, you, too, must go the way of the cross. But carry your cross, My children, with purpose and fortitude. And I assure you, as your God, that the road you follow in the light will be well worth your perseverance. The joys of Heaven are for all, but all do not attain this height, My children, for they are not willing to sacrifice and do penance and to follow the way of the cross."

*Jesus, November 1, 1976*

### "CAN YOU NOT CARRY YOUR CROSS AS I DID?"

"The road to the Kingdom of your God is a narrow road filled with many thorns. Can you not, for your redemption, travel this road for

Me? Can you not carry your cross as I did?"

"Many martyrs shall come out of these days, My children. They will wear crowns from suffering.

"There are two forces now loosed in your world: darkness and light, good and evil. You shall make your own decision on which road you will travel.

"You cannot wait, you cannot expect your brothers or sisters to guide you completely. Unless you accept the sacramentals given to you, unless you eat of My Body and drink of My Blood, you cannot and will not have the light within you, for I am truly the Bread of life.

"My children, you have not been abandoned in your trials. There will always be times of loneliness in the human heart when great trial is placed upon it, but when you meet that time of loneliness, you will say, My Jesus, my confidence!"

*Jesus, December 7, 1977*

### "YOU MUST EXPECT TO CARRY YOUR CROSS AS HE DID"

"Do not become discouraged, My children, as you continue upon this Mission for Heaven. You will be a minority upon earth, subject to trial and derision from those who will be lost. As My Son was tormented, rejected, and abused physically, you must expect to carry your cross as He did.

"When you find the need for comfort you will say from your heart: My Jesus, my confidence!"

"Pray, My children, always. Pray for your poor brothers and sisters who are not of blood relationship; but as creations of your God, you are all brothers and sisters upon earth. In your charity extend to all love and understanding. Do not seek to harm others intentionally.

"I give you, as your Mother, good counsel, for you will find your Faith and your human needs tested in the days ahead."

*Our Lady, November 20, 1979*

### BACKGROUND STORY "THE LOURDES OF AMERICA"

Veronica Lueken, the seer of Bayside, was a wife and mother of five children. She went to her eternal reward on August 3rd, 1995. St. Theresa the Little Flower promised to greet her with a bouquet of red roses when she arrived in heaven.

Our Lady appeared to Veronica in her home on April 7, 1970, informing her that She would appear on the grounds of the old St. Robert Bellarmine Church in Bayside on June 18, 1970; that vigils of prayer be held there (now temporarily held at the Vatican Pavilion Site in Flushing Meadows Park), and that full directions be given to the clergy of the parish to prepare for Our Lady's first visit there.

Our Lady also requested that a Shrine and Basilica be erected on this Her chosen Sacred Site, which is to be named "Our Lady of the Roses, Mary Help of Mothers." She promised to come on the eve of the great feast days of the Church. The Blessed Mother also instructed Veronica to disseminate the message given to her throughout the whole world.

Our Lady has requested that the Rosary be recited aloud by the crowd during the whole of the Vigil. All are requested to kneel in the presence of Jesus. The Message was repeated word for word by Veronica. Veronica also described what she saw. All has been recorded on audio tape.

Make copies and pass out or mail to as many people as possible.

### **CARRY YOUR CROSS WITHOUT COMPLAINT**

"You shall, as you go, My children, throughout your world bringing the Message from Heaven, you will be called all names, but, My children these names may hurt your heart, but do not be concerned of these thorns, for I, too, walked your earth and was subject to the same trials. Can you not follow Me upon My path and carry your cross without complaint?"

*Jesus, November 21, 1977*

### **A PLAN FOR EVERY SOUL**

"Veronica, you will carry your cross in perseverance, for you will find great joy and comfort. I have told you in the past of the days ahead. Know that your trials will be given by the Father, for in this manner will you and others be instruments from Heaven for the salvation of many souls. Do not question the ways of the Father, for there is a plan for every soul He has sent upon earth."

*St. Theresa, February 10, 1974*

### **CARRY YOUR CROSS WITH RESIGNATION**

"O My children, persevere in your present days and the few days left in earth's time. I assure you, My children, if you carry your cross with resignation and maintain a truth, maintain the Faith—be faithful to your Vicar, Pope Paul, in Rome, but learn to recognize the faces of evil that surround him. Much—most now, My children, of your medias are controlled by the evil ones. It will take man of great knowledge and light to fully be able to understand what is true, truth, what is fact, or what has been made fiction by the enemies of your God. It is a known fact that now, My children, your newspapers are controlled. Your television is an agent of satan, an abominable agent of satan, corrupters of souls."

*Our Lady, October 6, 1976*

### **ROAD TO HEAVEN IS A NARROW ROAD, FILLED WITH MANY THORNS**

"I have asked you in the past to take yourselves out of your world that has been given to satan. You may be in the world, but you must not join it in its corruption and loss of Faith. If you wish to attain the glories and joys of the eternal Kingdom of Heaven, you must merit it with discipline and by following the rules.

"The road to Heaven is a narrow road, filled with many thorns. You must carry your cross across this road. The road to Heaven is not an easy road for many; but I assure you, the results will be magnificent, for you will receive a crown that far surpasses any thorns you have received upon earth."

*Our Lady, September 13, 1977*

### **CARRY YOUR CROSSES WITH PURPOSE**

"I hear all the entreaties of your hearts, My children. Some I will cure, others must carry their crosses. Do not misunderstand My words, My children. Those who will carry their crosses will be doubly blessed. We have asked for victim souls in these dark days. Carry your crosses, My children, with purpose. Offer your sufferings with My Son, Who suffered much for you.

"Know that all sufferings will one day be ended for you. All tears will be dried, and the peace and beauty of the earth as We gave it to you will be restored. There will be trials ahead that I shall not give you full description of at this time, for We do not wish you to continue in fear. But there will be trials for My Son's House and in your country."

*Our Lady, March 25, 1972*

### **UNLESS YOU CAN PICK UP YOUR CROSS...**

"Unless you can pick up your cross and follow My Son, you cannot join the Kingdom. Upon earth your road will be bathed in blood. In this manner will your spirit be cleansed, and you will be refreshed in the Kingdom and clothed in garments of purity. You will be forced to stand forth as disciples of My Son, bearing witness to the truth. Many will be sent before the tribunals. Do not be afearred, My child, of what you will say, for the Spirit of truth will enter upon you, and it is through this voice-box that the truth will be known."

*Our Lady, March 24, 1974*

### **"PICK UP YOUR CROSS AND FOLLOW THE WAY OF YOUR LORD"**

"All who hear the call of the Spirit, the Holy Spirit, must not hesitate, for many will not have this opportunity again.

"The word will be preached by many throughout the world. The Father has sent among you many voice-boxes to bring the words of truth and the words of guidance.

"Yes, the road, the narrow road is one of suffering. You will be mocked, you will be spit at, you will be laughed at, made an object of scorn, but you will pick up your cross and follow the way of your Lord."

*Our Lady, March 24, 1974*

### **ROAD TO HEAVEN IS NEVER EASY**

"It will not be easy, My children; the road to Heaven is never easy. It was not easy for My Son, and you must now, to gain Heaven, pick up your cross and follow Him on the same road. It is a road filled with thorns, but at the end of that road, My children, there will be a glorious reward for all. No human eye can ever see until over the veil the beauty and the glories that await man."

*Our Lady, March 18, 1978*

### **"CAN YOU NOT SUFFER FOR MY SON?"**

"My child and My children, the cross of your Christ is being trampled upon. And who will take this cross and carry it in reparation for the sins of mankind? I beg unto you as your Mother: Pick up your cross and carry it for My Son. Can you not suffer for My Son? Can you not make reparation for the sins of man, to expect God the Father in Heaven may extend unto you a small measure of time to save your brothers?"

*Our Lady, September 7, 1979*

### **PICK UP YOUR CROSS AND CARRY IT, EVEN IF IT IS HEAVY**

"Those who are of well spirit will have nothing to fear, My child, for they will go through this crucible of suffering with more hope and courage, knowing that the eventual victory is over the veil with the Eternal Father. There will be many martyrs in the conflagration that lies ahead. It will truly be the cross.

"You must, as a child of God, pick up your cross and carry it, even if it is heavy. Suffering shall be a way of life soon for many. It is all in the plan of the Eternal Father to separate the sheep from the goats. You are all being tested, My children. Man, in his free will, will either accept or reject the offer from the Eternal Father of Heaven."

*Our Lady, August 14, 1975*

### **"NO MAN IS ABOVE HIS MASTER"**

"Many martyrs, many saints shall come after the battle. Many martyrs shall come from out of the battle. Pick up your cross, My children, and carry it, for no man is above his Master. As they persecuted My Son, so will they persecute you who follow Him."

*Our Lady, June 5, 1976*

### **REMAIN FAITHFUL AND TRUE**

"My Mother has been coming to you as a Mediatrix between God and man. She sends you and strews among you many roses. Many have thorns; the thorns are always with the roses. And you will always find, My child and My children, the cross beneath the roses. The road to Heaven is the way of the cross. Pick up your cross and follow Me. The way is narrow, and very few remain on it. Many are called, but few can be chosen.

"Remain constant, My children.

Fidelity—remain faithful and true, and you will be saved."

*Jesus, July 25, 1979*

### **"FOLLOW MY SON ALONG HIS WAY"**

"You must hasten to try, and I say try and try again, to reach your brothers and sisters with the warnings from Heaven. Accept the rejection they give you, for many graces are given for these rejections you accept for the salvation of souls.

"The road to Heaven shall be covered with thorns among the roses. Pick up your cross and follow My Son along His way, not the way now that man is developing for the destruction of the soul.

"We listen to Our clergy, and We do not hear the words of God the Eternal Father coming from their lips. But they go around to and fro like chickens without heads, crying 'peace, love, and brotherhood.' They have a semblance of piety outwardly, but their hearts are dulled, their spirits are sickened by their quest for power, money, and the riches of the world and the comforts of the world."

*Our Lady, May 13, 1978*

### **PICK UP THE CROSS GIVEN TO YOU**

"My children, pick up the cross given to you. No man has ever received a burden greater than he can carry. The Eternal Father knows full well the limits, the limitations of your human nature.

"You must understand, My children, that if you wish to enter Heaven, you will follow a road similar to My Son's."

*Our Lady, December 24, 1979*

### **ROSES AND BEAUTY**

"My children, I cannot promise you an easy road. The road to Heaven is not easy; it is filled with thorns. But I assure you, My children, if you will pick up your cross and carry it, at the end of this road you will find roses and beauty far beyond anything the human mind could ever comprehend. The battle, My children, will be won when you say in your trial, My Jesus, my confidence! My Jesus, my confidence!"

*Our Lady, November 1, 1977*

### **HOLY HOUR**

Our Lady instructed Veronica to hold a Holy Hour each and every Sunday for the intentions of the Pope and all clergy, and in reparation for the profanation of the Lord's day. The weekly Holy Hour is held at 10:30 a.m.; the Vigils of prayer from 7:30 to 10:30 p.m.—both events at the Vatican Pavilion Site in Flushing Meadows-Corona Park, borough of Queens, in the city of New York. The Apparitions continued until June 18, 1994, and a message was given every Vigil that Veronica was present.

For more information, additional copies, and a calendar of upcoming vigils, including a map, write directly to: